## **GENERAL WARNINGS AND PRECAUTIONS – OSBON ERECAID SYSTEM**

- 1. Talk to your Doctor if any complications occur while using this device. Stop using the device if complications continue.
- 2. Do not leave the ring on your penis for more than 30 minutes. Do not fall asleep wearing the ring. Leaving the ring on too long may damage your penis by keeping blood from flowing into it.
- 3. Allow at least 60 minutes between uses of the ErecAid. Using the rings too often may cause bruising at the base of the penis, where the penis is joined to the body.
- 4. If you have symptoms of Erectile Dysfunction, not being able to get or keep an erection that allows you to have sex, talk to your doctor before using the ErecAid to prevent a delay in discovering and treating the cause. Common causes of Erectile Dysfunction are heart disease, diabetes, multiple sclerosis, cirrhosis of the liver, chronic renal failure and alcoholism.
- 5. Ask your Doctor about using the ErecAid System if:
  - a. you are taking anti-coagulant, blood-thinning medicine;
  - b. you have a penile implant; or
  - c. if you have Peyronie's disease, leukemia or other blood disorders where bleeding or clotting may be a problem. The effect of the ErecAid System on the components of implanted penile prostheses have not been adequately investigated. Therefore, if you have a penile prosthesis, consult with your Doctor prior to use.
- 6. Do not use the ErecAid under the influence of drugs or alcohol. These substances may reduce your sensitivity to pain or impair your ability to follow directions properly.
- 7. The ErecAid may bruise the blood vessels just below the surface of the skin, which may cause petechiae when you first begin using your System. Petechiae are very tiny spots beneath the skin. This is a response to placing the penis under vacuum pressure too long, too quickly or after a long period of inactivity. If this happens, discontinue use of the system until discoloration completely disappears, which can take about 5 to 7 days.
- 8. Always use the least amount of vacuum pressure necessary to produce an erection. Using too much pressure or increasing the vacuum pressure too quickly may cause discomfort, pain or bruising. Release vacuum pressure immediately if pain occurs.
- 9. Improper use of the vacuum pump could result in the swelling of the penis and/or serious, permanent injury to the penis. Improper use may also worsen pre-existing medical conditions such as Peyronie's disease, Priapism and urethral strictures.
- 10. If you notice a bend or curve in your penis when you first use the ErecAid, consult with your Doctor.
- 11. If your hands are impaired, you should not use this product. You must have full use of your hands to safely use the rings and pump. If you do not have enough strength in your hands, you may not be able to remove the ring. Delayed ring removal could damage your penis.
- 12. The vacuum pump may not be safe for men who cannot feel pain in the area around their penis. If you have diabetes, you may have a reduced ability to feel pain. Pain may be a sign that your penis is being bruised.
- 13. Tension rings are not a means of birth control. Do not rely on tension rings to avoid pregnancy.
- 14. After a period of inactivity when the pump has not been utilized, practice session will again be necessary to recondition penile tissue prior to resuming sexual activity. If you will not be having sexual activity on a regular basis, continue therapy practice sessions on a regular basis unless otherwise instructed by your Doctor.